

FAMILY FAVORITE ROASTED BROCCOLI

Servings: 4

Prep time: 10 minutes

Cook time: 20 minutes

Total time: 30 minutes

INGREDIENTS:

- 1 head of broccoli
- 2-3 tablespoons olive oil
- Kosher salt and pepper

INSTRUCTIONS:

1. Preheat the oven to 425 degrees Fahrenheit.
2. Cut the broccoli into smaller, almost same size pieces.
3. Place the broccoli into a plastic bag, pour in the olive oil, and shake to incorporate.
4. Place broccoli on a foil lined baking sheet (I use non-stick foil). Be sure to spread evenly and do not overcrowd. Also, make sure the flat edges lay flat against the sheet.
5. Place in the oven for 10 minutes, stir/flip and cook for another 10 minutes.
6. Serve and enjoy warm.

NOTES:

- Squeeze some lemon on top to add some freshness.
- Serve as a side dish or incorporate into your favorite pasta dish.