

BREAKFAST COTTAGE CHEESE BOWL

Servings: 1

Prep time: 5 minutes

Cook time: 1 minute

Total time: 6 minutes

INGREDIENTS:

- 1/2 cup - Cottage Cheese
- 1/3 cup - Fresh Strawberries
- 1/3 cup - Granola
- Drizzle of Honey

INSTRUCTIONS:

1. Clean and chop some strawberries in bite size pieces. In a breakfast bowl, add cottage cheese, strawberries, and granola.
2. Top with a drizzle of honey.

NOTES:

Clean and cut your strawberries the night before to have ready to go in the morning.